



Lenten Daily **EUCCHARISTIC ADORATION**

Sun. 7-10PM
Mon.-Thurs. 10AM-10PM
Fri.-Sat. 10AM-3PM
Feb. 22 - April 2

Dear Friends,

In today's Gospel reading, Satan tempts Jesus with the words, "If you are the Son of God..." In the first reading, Satan tempts Eve by casting doubt on the goodness of God. In both cases, the tactic of the Devil is to get in the way of our relationship with God.

How often are we tempted to doubt the goodness of God or the value of prayer? We live in a time where prayer is mocked. However, how did Jesus act against Satan? With recourse to the Word of God. When did Eve fall? When she took her focus off of God and fixed it upon what was "pleasing to the eyes." Jesus shows us that it is in prayer that we find the guidance and power to act well in life.

Years ago, my older brother Jerry struggled with alcohol and drug addiction. He was so entrenched in this world that he was even assaulted on occasion. This dark time affected our whole family. Throughout this trial my mother's faith grounded us in God. Jerry recalls that on one occasion, as he was recovering from a beating, our mom was quietly and faithfully praying the Rosary next to his hospital bed. During this time of trial and throughout her life, I personally recall my mom humbly praying before the Blessed Sacrament. To the eyes of the world, what she did was of little consequence. But in truth she was cooperating with God and inviting Him into our lives. It was that grace that helped Jerry overcome his addiction. As Bishop Barron once pointed out, when we act without prayer our "action will be deformed because it is not informed by the highest good."

God is not some distant uncaring force. He is a loving Father active in our lives daily.

Through Jesus in the Eucharist, that loving God is sitting in our tabernacle everyday. We are blessed at Sacred Heart to be entering into our time of Lenten adoration. It is an opportunity for us to plug into the grace that is provided by Jesus who is truly present in the Eucharist. I would like to take this opportunity to thank those who have volunteered to spend time with our Lord in adoration. It is because of you that we are able to offer this time of adoration. If you are interested in being added to our adoration sub list, please feel free to contact me. However, always remember that even if you cannot commit to a time slot, you are always welcome to come for adoration. Even if it is just for a few minutes, time spent with our Lord is the most wonderful gift we can receive because it is the gift of His very self.

Following the example of Jesus, let us not give into the temptation of separating ourselves from our Father. This Lent may we refocus our gaze on Him who has given His all for us.

In
Christ,
Eddie
Family Faith Formation Coordinator

